“It is not the strongest of the species that survives, nor is it the most intelligent, It is the one most adaptable to change” ~Charles Darwin

Mentoring has changed. The term originated from Homer’s story of a king, who entrusted his son’s development to Mentor, before he left for war. According to the myth, Athena, Greek goddess of wisdom, disguised herself as Mentor to guide the boy. So traditionally, mentoring has described an older (and presumed wiser) person who assisted a younger one to grow, often as part of succession planning. Today mentoring is not limited to the “older = wiser” assumption, nor is it purely a succession strategy.

Contemporary mentoring takes many forms and has many purposes. Mentoring may be informal and perhaps unrecognised, even when individuals deliberately seek out people to mentor or be mentored by. Structured programs also take place. Some are part of an organisational strategy and some organisations have mentoring embedded in their culture.

The model below represents the four levels on which mentoring operates to add value to an organisation. Mentoring can evolve from informal relationships that may go unrecognised, to structured programs, that grow more strategic and eventually become part of the organisational culture.

Informal Mentoring
Some form of mentoring happens informally and without deliberate intent in every organisation, just as it does in any group. Where people join an established group they are shown or observe acceptable behaviours. They absorb attitudes and assumptions, acquire knowledge and learn skills, taking their cues from informal influencers and/or leaders. They acclimate, adapting to expectations and norms. Occasionally, individuals or small groups create a new dynamic that influences others and changes the status quo.

Informal mentoring is left to chance by the organisation. There is no direction or resourcing and because the intention and skills of participants are unknown, the quality is variable. Some informal mentoring is highly satisfactory producing positive outcomes but other relationships achieve nothing, or can even be harmful.

Mentoring Programs
While informal mentoring may still be the most common form, the first level of evolution has been the development of mentoring programs. These have become more popular in organisations. A mentoring program has aims and objectives. It is a deliberate attempt to improve employees’ ability, engagement and outcomes. In a well-designed program, structure and resources are provided, participants are monitored and supported and results are measured.

Mentoring programs typically run for a finite period ranging from three months to two years and are for selected participants. The downside of mentoring programs is that some people may feel excluded and there may be some blowback on participants. When the program ends, there may be a sense of loss and if the program is under-resourced or not maintained people become disenchanted.

Strategic Mentoring
A more highly evolved mentoring program becomes strategic. It addresses organisational needs and because it has high-level value, mentoring has status in the most senior ranks of the organisation. It is a longer-term endeavour and as such, it requires long-term commitment. Yet, in these days of short-term focus, mentoring may merely be flavour of the month and
fade as senior executives turn to the next big thing. This is likely especially where return on investment is not measured or cannot be separated from other variables.

Sometimes, the strategic value is not well communicated and mentoring is met with resistance at mid or lower levels. Sometimes, it is introduced without a proper needs analysis and seen as a silver bullet that will fix a problem.

**Mentoring Culture**

The most highly evolved form of mentoring is where it is embedded in the culture of the organisation. Mentoring is an embodiment of its vision, values and operational principles. It is integral to leadership and internalised by people as the norm.

An environment where mentoring is the cultural norm has a mix of informal mentoring, mentoring programs and strategies incorporating mentoring. Leaders routinely, obviously and subtly mentor subordinates. Colleagues and peers mentor each other. Individuals are proactive about their development and seek role models, mentors and to be mentors for others.

Because mentoring is seen as natural and organic less attention may be paid to it. Yet, organisational culture is dynamic and cannot be taken for granted. Turnover, particularly at the top, economic challenges and changing priorities will influence the organisational environment.

A mentoring culture must be nurtured if it is to survive and thrive.

All types of mentoring can add value to an organisation but each type does have limitations. These are summarised in Table 1. With the exception of informal mentoring, all levels of mentoring require resources, planning and support to be successful.

<table>
<thead>
<tr>
<th>Features</th>
<th>Limitations</th>
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<tbody>
<tr>
<td><strong>Informal</strong></td>
<td>• Ad-hoc, happens by chance&lt;br&gt;• Not resourced&lt;br&gt;• Chosen few or proactive people&lt;br&gt;• Variable quality</td>
</tr>
<tr>
<td><strong>Program</strong></td>
<td>• Purpose&lt;br&gt;• Structure&lt;br&gt;• Resourced&lt;br&gt;• Skills training&lt;br&gt;• Monitored&lt;br&gt;• Outcomes measured</td>
</tr>
<tr>
<td><strong>Strategy</strong></td>
<td>• Addresses organisational needs&lt;br&gt;• Mentoring has status&lt;br&gt;• High-level value&lt;br&gt;• Longer-term</td>
</tr>
<tr>
<td><strong>Culture</strong></td>
<td>• Embedded&lt;br&gt;• Embodied by vision, values and operating principles&lt;br&gt;• Integral, internalised&lt;br&gt;• Organic, natural</td>
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Ann Rolfe, Australia’s most published author on mentoring, has thirty years experience in learning and development and a background in career counselling. For two decades, she has specialised in mentoring, setting up programs and training people in fields as diverse as health, construction, energy, communications, education, law and government. Internationally respected as a consultant and presenter, her training programs and resources are used in many countries to develop and support mentoring. Ann has spoken at conferences in Australia, Canada, China, Singapore, and USA.